

Calendar of Events 0708

HOLISTIC HAPPINESS WORKSHOPS

Emotional Mastery Series

| Workshop | Focus | Delivery Structure | Dates | Location |
|---|---|---------------------------------|--|-------------------------------------|
| Facing the Fire – Anger to Passion | A powerful adventure into harnessing life empowerment change and direction through anger | One evening and one day | Friday Eve Oct 26th and Sat all day Oct 27th | Mount Waverley |
| Wonder Child Freedom | Healing the ‘shame’ that confines the wonder child-opening the heart | One evening and one day | Fri Eve Nov 30th and Sat all day Dec 1st | Mount Waverley |
| Liberating the Inner Child | The most important relationship of all – Self | One evening and one day | Fri Eve Feb 29th and Sat Mar 1st all day | Mount Waverley |
| Inner Child Healing | Overcoming ‘fear’ and welcoming in safety and trust | One evening and one day | Fri Eve May 2nd and Sat May 3rd all day | Mount Waverley |
| Valuing the Inner Child and Facing the Fire | Stepping into your Worth with Personal Power Purpose Passion | One evening and two days | Fri Eve Aug 8th All day Sat Aug 9th and All day Sun Aug 10th | Mount Waverley |
| Emotional Mastery for R.E.A.L. Relationships | Release and replace the unconscious pain and negative beliefs to open up to fantastic loving relationships | One evening and two days | Fri eve, Sat and Sun June 20th, 21st, 22nd | Byron Bay and Mount Waverley |

HOLISTIC LIVING SERIES

| Workshop | Focus | Delivery Structure | Dates | Location |
|--|---|--|---|---|
| Colour Healing | Understanding colour. Using it for self support Helping others. | One day workshop 10 to 4.30 | Friday November 16th 2007 Also Friday November 14th 2008 | Upper Beaconsfield |
| Holistic Living in Action Foundations | Building Emotional Health and combating the physical and intellectual toxic lifestyles of today. | One day workshop 10 to 4.30 | Included in Winter Breakthrough Tues 24th June | Byron Bay And Upper Beaconsfield |
| Flower Power | Immediately upon completion you will be able to use essences to nurture specific emotional needs for self and family | One day workshop 10 to 4.30 | Friday May 23rd | Upper Beaconsfield |
| Cell Salts for Living Well | Immediately upon completion you will be able to use cell salts to naturally safely and effectively support physical ailments specific to self and family | One day workshop 10 to 4.30 | Friday 22nd Feb | Upper Beaconsfield |
| Holistic Living Meditation | Understanding meditation in the traditional and the modern sense. Setting up your own H.L. Meditation support plan for improving your whole life. | One day workshop 10 to 4.30 | Included in Winter Breakthrough Mon 23rd June | Byron Bay |

WINTER BREAK.....THROUGH

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|---|---|---------------|--|---|
| WINTER BREAK...THROUGH RETREAT | “A Path with Heart” focusing on relationships, and holistic living in action | 6 Days | Friday June 20th to Thursday June 26th | Byron Bay Includes Accommodation |
|---|---|---------------|--|---|

A'dor HOLISTIC LIVING PACKAGE

Choose any 4 workshops from the emotional mastery series and holistic living series

| System | Includes | Duration | Conditions |
|---------------------------------------|---|---|--|
| A'dor holistic living pack | Access to all workshops in this series Tele classes with recordings 6 session e course | To be taken over a period of 12 months | Winter breakthrough discount for A'dor package holders wanting to do this in addition to other workshops Accommodation – Separate guidance regarding accommodation for interstate participants coming for HOLISTIC LIVING SERIES will be provided with options conducive to the holistic living nature of the workshops |

TELE CLASSES

| Participants | Topic | Frequency |
|--|--|--|
| Public | Holistic Happiness Relationships Depression Health Wealth | Bi-monthly |
| Emotional mastery workshop participants | Establishing and following up goals | 2 weeks prior to each workshop and one week following |
| Holistic Living workshop participants | Establishing and following up goals | 2 weeks prior to each workshop and one week following |

Ongoing SUPPORT AND GET TOGETHERS throughout the year with dates to be communicated through newsletters.

PLAY DATES

These are arranged for those who have participated in any of the Inner Child Workshops. They focus on fun and the benefits are an open heart, increased wellbeing through permission and reconnection to the playful, curious, creative wonder child.

These days vary in timeframe to suit various needs and focus to cover a different aspect of the wonder child.

These are Adults Only play dates (that does not mean they are R rated) where we just focus on our own little child not needing our adult selves to be present to take care of you.